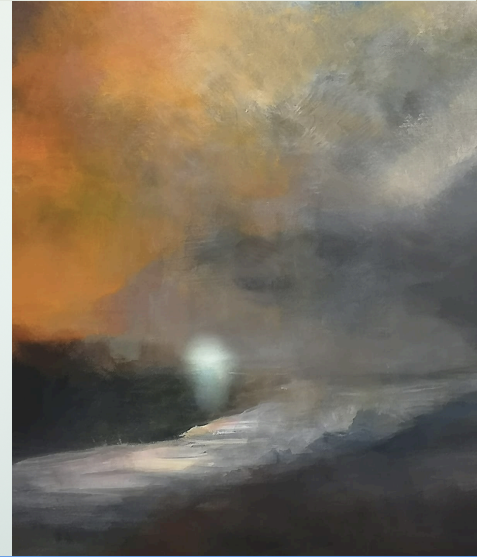


Discover the keys to your unique destiny

What's Your Soul Purpose?



Bologna, Italy
18 - 20 October 2019
Bottega Ashtanga,
Bologna

Strada Maggiore 49/40126,
40125 Bologna Emilia-
Romagna, Italy

Book:

<https://soulscode.eventbrite.com>

Contact: Zelda or Lucy

zelda@zeldahall.com or
lucy@purebeingsoul.com

Join us in the beautiful medieval city of **Bologna** for an exploration of **your path of soul**. The city itself with its 700 year old towers and arcades will play a part in our journey, for beauty appeals to the soul.

In a safe and supportive environment, we will use **dreams, visualisation, bodywork, group process**, and other techniques and exercises which deepen awareness of **our true selves**. Additional optional morning yoga and meditation will be available.

This workshop is suitable for all who are interested in exploring the essence of who they are and what their unique contribution is to the world. And who are willing to join others on this path of exploration.

"When, through the process and practice of transformation we no longer experience ourselves as victims of our fate, we can become masters of our destiny".- Ralph Metzner



Your guide in the workshop is Zelda Hall.

Zelda Hall M.A. MSc is a

transpersonal psychologist and

therapist with 40 years experience of working with individuals, couples and groups. She is Irish and lives in Amsterdam where she has a private practice and she also works online with people from all over the world. She is passionate about guiding others on the path of soul and fulfilling her own soul's purpose by doing so. She is known for her humour and warmth in her workshops.

Zelda has been a guest lecturer in Trinity College Dublin and has taught in the MSc Programme. She is a published writer and her articles can be found on her website www.zeldahall.com



This event is being organised by Lucy Sam.

Lucy Sam MSc is an experienced event

organiser, with a particular focus on personal development, spiritual, mental and emotional wellbeing events.

Lucy holds an MSc Consciousness, Spirituality & Transpersonal Psychology and is a bespoke event organiser and project manager, as well as being an Intuitive Coach, Yoga Teacher & Energy Healer. Lucy has spent her life committed to personal development, spiritual growth and healing, travelling extensively to pursue her devotion to this. You can view more about Lucy on her website www.purebeingsoul.com

Unfolding destiny -Your Soul's purpose

- **Discover the keys to your unique destiny**
- **How to combine choice and destiny**
- **The ways in which you can take responsibility for your future**
- **Find meaning and joy**

Each of us has a unique destiny or life path, that which asks to be lived through us and fulfilled. This life path expresses itself in many different ways, such as through dreams, body symptoms and relationship experiences. We are challenged to embody our own uniqueness or essence by working through consciousness and the power of choice in tandem with the divine.

While we have a destiny which is the path and purpose of the soul, leading edge science such as epigenetics and consciousness research are now showing that the power and the influence of our choices is much greater than we believed possible.

The choices we make from moment to moment are not only determining our own future but that of our planet. The ancient sages and mystics were right all along. In ways that we could not even imagine, we are all one.

Although many of us may feel powerless in the face of events in our lives and in the world, allowing our destiny to unfold optimally requires taking responsibility for our choices, while accepting and embracing our limitations.

To use our awareness effectively, our approach must be fuelled with curiosity and compassion. And the willingness to enter into a deeper relationship with the mystery of a dream or physical symptom rather than wanting an instant resolution or answer. If we do this, we can access information which enriches our lives tremendously.

Cost: € 300 euros (3 full days)

Friday, Saturday & Sunday: 10am - 6pm

Optional yoga & meditation: €15 euros per session

Flights and accommodation are not included in the workshop price and need to be booked independently.

This gives participants the flexibility to choose according to individual budgets and requirements and the option to lengthen their stay.

Many airlines fly directly to Bologna. There are good accommodation options via Airbnb and Booking.com. We will provide you with details on getting to and from the airport.

Bologna is a beautiful medieval city, steeped with history and culinary delights. It will feed your soul and senses.

To provide the option of socialising in the evenings, we will arrange evening meals at beautiful organic restaurants in the city. Prices will be around €20 euro per person per meal. Participants will pay restaurants directly.

We look forward to you joining us!